



# EHP Needs your Help for the Holidays!



**Ecumenical Hunger Program (EHP)** is an independent, non-profit organization located in East Palo Alto. EHP's mission is to sustain our neighbors through assisting local families and individuals who are experiencing economic and personal hardship and helping them regain stability and independence. EHP provides food, clothing, household essentials, support, and advocacy.

## Please add EHP to your gift list:

- 1' **Monetary Donations** - Money is most appreciated! We can buy in bulk and get more for our money.
- 1' **Gift Cards** - Valuable at any age, gift cards give individuals a chance to shop for themselves.
- 1' **Holiday Food & Essentials** - EHP's holiday food box program is a special distribution of food and essential items for the holidays. These boxes include everything that a family might need to make Christmas dinner with plenty of leftovers for the following week.

## We need the following donations to help your neighbors in need:

### Food Wishlist

- Turkey / Ham
  - Canned Milk
  - Soups – Canned, Cup-o-Noodles/Top Ramen
  - Hearty foods
  - Jelly / Jam
  - Macaroni and Cheese
  - Margarine/ Butter
  - Juice, Drink Mixes & Tea
  - Sugar, Spice & Everything
- Nice: garlic, pepper, seasoning, seasoned salt, cooking oil, flour

### Non-Food Wishlist

- Bar Soap / Dish Soap
- Deodorant
- Face Towels / Wash Cloths
- Feminine hygiene products
- Laundry detergent
- Shampoo & Lotion
- Nail Clippers
- Q-tips
- Razors (disposable)
- Toilet Paper

### Recommended Stores

- Amazon
- Best Buy
- Costco
- Gas Cards
- Ross
- Safeway
- Target
- Wal-Mart

*Your Generosity Changes Lives!*



*Donate Today!*

**Donate online, mail, or drop-off your donations to: Ecumenical Hunger Program**

**2411 Pulgas Ave, East Palo Alto, CA 94303 \* 650.323.7781 \* [www.ehpcares.org](http://www.ehpcares.org)** If

you have any questions, please contact LaKesha at [lakesha@ehpcares.org](mailto:lakesha@ehpcares.org)